

## Short term on one off skilled volunteering opportunities

### **Life skills workshops**

One on one or group workshops with program participants, could include interview skills, resume refreshing, budgeting etc.  
Virtual or in person as per CDC guidelines.  
Individual volunteers or groups of up to 10.  
1-2 hours.

### **Sports sessions**

Soccer, basketball, juggling? If your people have the skills, come and share them with our young people.  
In person.  
Individuals or groups up to 10 volunteers.  
1-2 hours.

### **Childcare sessions**

Run a fun and engaging session for young people to give Mom's time to focus on themselves.  
Group activity, in person suitable for 5-10 volunteers.  
1-2 hours first Monday of the month.

### **Fundraising support**

Help support our fundraising initiatives with reminder calls to donors, training and Guidance provided.  
Group activity for up to 20 people.  
1-3 hours, quarterly.

## Longer term skilled opportunities

### **Tutoring**

Working to support our participants learning in key subjects' math, science and english.  
Virtual or in person as per CDC guidelines.  
Individuals.  
1-2 hours a week.

### **Housing Support**

Work alongside out program team how help families transition from our program to securing housing and thriving.  
Virtual or in person as per CDC guidelines.  
Individuals or small groups.  
1 + hours a week depending on the family's needs.

### **Fundraising Committee membership**

Help plan, organize and deliver one of our 4 key fundraising events, Hops for Hearth, Tees and Traps, Wine and Food or Purses with a purpose.  
Virtual and in person as per CDC guidelines.  
Individuals.  
2+ hours a month over a year.

### **Organizational Support Committees**

Help support the mission and build the strength and reach of HEARTH, in areas Including Permanent Affordable Housing, Finance, Program development, Personnel, Board Development and Executive Committee.  
Virtual and in person as per CDC guidelines  
Individuals  
3+ hours a month depending on the committee



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A Safe Place Matters

# HEARTH

### **Young Professionals Board**

Help support the mission of HEARTH through, networking, fundraising and awareness building

Individuals aged 21-40

3+ hours a month more with additional committee membership, fundraising and volunteering activities

### **Unskilled volunteering options**

#### **Painting**

Refresh an apartment for a new family moving in or a communal space in our main building.

Group activity, on site, suitable for 5 + volunteers

Up to 6 hours.

#### **Gardening**

Vegetable garden, spring set up and planting, weeding or closing out for winter.

Group activity, on site, suitable for 3 – 10 volunteers.

3 hours.

#### **Ground's maintenance**

Weeding, litter picking, pruning etc. alongside our maintenance technician.

Group activity, on site, suitable for 5 – 15 volunteers.

3-6 hours.

#### **Food Pantry or in-kind donation drive**

Collect items for our food pantry, put together craft kits, meals in a jar or collect items for our store of everyday essentials, there are lots of options.

Group activity, off site, for groups of 5 +.

2 hrs. +.

#### **Fundraising event support**

Help at our focus showcase events, Hops for HEARTH, Tee's and Traps and Purses with a Purpose.

There is always lots to do on the day and afterwards.

Group activity. In person, on site at HEARTH or at external venues in the Pittsburgh area. 5+ volunteers.

4 hrs. +.